



# Waste-Free Lunch

**CHALLENGE**

## Fridge Packing Reminder

Yes please	Please avoid
REUSABLE lunch container	SINGLE-USE paper or plastic bags
REUSABLE container or thermos	DISPOSABLE plastic wrap, foil, wax, or styrofoam
REUSABLE drink bottle or thermos	SINGLE-USE, and non-recyclable containers
CLOTH NAPKIN to wash and re-use	PAPER napkins
CUTLERY/SILVERWARE to wash and re-use	PLASTIC forks/spoons

