

Welcome to Westheights!

2022-2023

Once a Warrior,
Always a Warrior!



What to Expect in September

Who are your teachers?

In late August or early September, parents/guardians will receive a notification through School Day that will explain which cohort their child is part of, who their homeroom teacher will be and who their teachers will be for each subject.

Please be sure to check your School Day account regularly, beginning late August and early September. This is Westheight's primary communication method with families.

What to Bring On the First Day

- Combination lock
- Pencil case
- Binder with lined paper
- Positivity, kindness, resilience, hope!
- Lunch
- Water bottle



Lockers

- Bring a combination lock
- Lockers will be assigned by home room teachers
- Cell phones will be kept in lockers
- Gather all work and supplies needed during breaks
- **There will be no locker visits between periods**
- Keep them clean and neat for a successful year!
- Use magnets to post your timetable or favourite photos. No tape please.



Warrior Spiritwear

- An online store will be available for gym uniforms (optional) and school spiritwear early in September.

WESTHEIGHTS
WARRIORS



First Day of School!

- Arrive at school by 8:10 AM
- Meet on tarmac at the back of the school
 - (Note: if it rains we will meet in the gym)
- Find your home room teacher and line up with your new class
 - (Note: parents will be able to check their child's class placement on School Day by September 3rd)



School Boundaries



Westheights is fortunate to have a beautiful, extensive green space for all outdoor activities. Please note the areas where students are not permitted for safety reasons:

- Students are permitted in all areas within the green boundaries
- Red lines indicate the “no go” area
- Do not enter the forest without a staff member.
- Never go onto the road during school breaks
- Do not enter the parking lot area
- Do not go onto private properties in the community.

Technology

- Westheights students are allowed to bring their phones to school, but phones are kept in lockers all day, with a chance to check messages at 10:40am and 1:20pm.
- Students using phones outside of these times will leave them in the office until the end of the day. Three strikes and you're out - cell phones will be left at home if they are sent to the office three times.
- Each student will be assigned a Chromebook that may go home every day. Chargers will remain at home and charging must be done in the evenings. Students are also welcome to use their own laptops for school.
- A "WRDSB User Agreement" must be signed by guardians before technology can be sent home.
- Parents/Guardians, please call the school if you need to contact your child; expecting a response when calling or texting students directly encourages cell phone use outside of acceptable times.



Westheights Non-Negotiables: Rules to live by!

- **No slurs! No way! At no time! We will not tolerate hateful language or actions at Westheights. Be kind!**
- **No vaping**
- **No weapons**
- **No gum**
- **No physical aggression**
- **No vandalism**
- **No inappropriate use of WRDSB technology**

There are consequences for these actions.

Things to Keep in Mind:

- Lates
- Hallways
- Appropriate Dress

- **Lates:**
 - Be on time to school and between classes
 - Sign in at the office if you are late
 - Sign out (with a note or email) if you need to leave early
- **Hallways:**
 - Walk in the hallway
 - Stay to the right and keep moving
 - Hands to yourself
 - Don't congregate at lockers
 - Don't stop at lockers between classes
- **Appropriate Dress:**
 - Clothing may not display suggestive or offensive messages

Entering and Exiting

- You may enter the building at 8:10 am and head to your locker to get ready for your day
- The music will play at 8:18 am. This is the 2 minute warning. You should be entering your classroom at 8:20 am exactly
- Your teachers will tell you which entrance and exit you will be using.



A Day at Westheights



Note: Courses in red are instructed in French

Daily Cycle

- 5 Day cycle
- Ten-30 minute periods daily
- Two nutrition breaks

Core English Student	French Immersion Student
<ul style="list-style-type: none">• Language Arts• History / Geography• Math• Science• Visual Arts / Drama / Dance• Music• Phys. Ed / Health	<ul style="list-style-type: none">• Language Arts• History / Geography• Math• Science• Visual Arts / Drama / Dance• Music• Phys. Ed / Health• French

5 Day Cycle

2022-23 5 Day cycle

	WEEK 1					WEEK 2					WEEK 3					WEEK 4					WEEK 5				
	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
August	1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30	31		
	H																								
September				1	2	5	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30
				P	B	H	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4
October	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28	31				
	5	1	2	3	4	H	5	1	2	3	4	5	1	2	3	P	4	5	1	2	3				
November		1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30		
		4	5	1	2	3	4	5	1	2	3	4	5	1	P	2	3	4	5	1	2	3	4		
December				1	2	5	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30
				5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	H	H	B	B	B
January	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31			
	H	B	B	B	B	2	3	4	5	1	2	3	4	5	P	1	2	3	4	5	1	2			
February			1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28			
			3	4	5	1	2	3	4	5	1	2	3	4	5	H	1	2	3	4	5	1			
March			1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31
			2	3	4	5	1	2	3	4	B	B	B	B	B	5	1	2	3	4	5	1	2	3	4
April	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28					
	5	1	2	3	H	H	4	5	1	2	3	4	5	1	P	2	3	4	5	1					
May	1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30	31		
	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	H	2	3	4	5	1	2	3		
June				1	2	5	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30
				4	P	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	P	
July	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28	31				

Nutrition Breaks

Break #1 - 10:20 - 11:00

20 minutes outside for physical activity or
inside for clubs

20 minutes inside eating in your home room.

Break #2 - 1:00 - 1:40

20 minutes outside for physical activity or
inside for clubs

20 minutes inside eating in your home room.

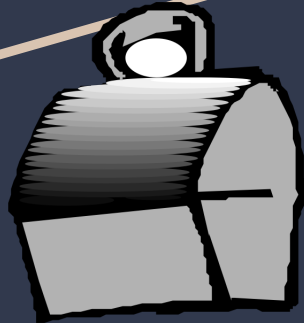


Lunchbox Orders

Westheights partners with Lunchbox for delivery of hot lunches to the school. It is also a great fundraising opportunity.

Last year, we have Subway and pizza deliveries. This year, we are hoping to open the options even further.

Please have a look at the [Lunchbox](#) website for more information.



Get involved as a Warrior!

We have so many clubs and teams to check out.

Here are a few from the list to consider:

- Touch Football Team
- Boys Basketball Team
- Morning Basketball Pick Up
- Ice Hockey Club
- Track and Field
- Westheights Athletic Council
- Board Game Club
- Cross Country Running Team
- Ski/ Snowboard Club
- Homework Club
- GSA
- Black Brilliance
- Volleyball
- Band
- Choir
- Art Club
- Curator Club
- Karaoke Club
- Cheerleading
- Red Maple Book Club

And many more opportunities as our amazing Westheights staff look towards the year ahead!

Take a look at
Westheights!



The Office

- **Head Secretary: Krista Harrison**
- **Assistant Secretary: Jessica Rodriguez**
- **Vice Principal: Rob Dickson**
- **Principal: Danielle Holden**
- **Guidance: Brock Greenhalgh**



Specialty Classes



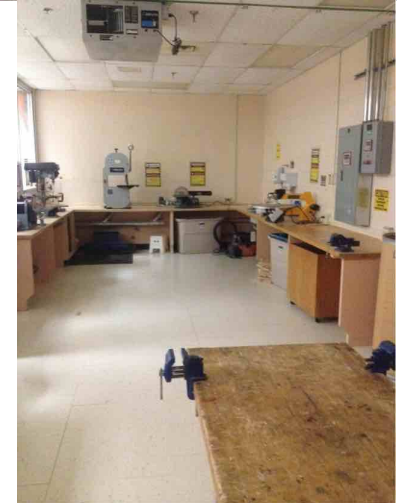
Art



Music



Science &
Technology



The Library & Hub



The hub is a room beside the office if you ever need extra help or if you are part of small group learning.



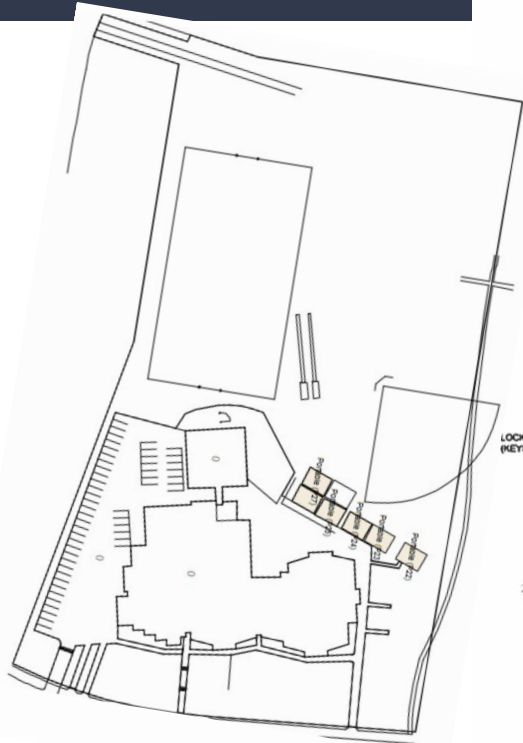
Our beautiful library!



Our huge double gym is where we go for Phys. Ed classes and school-wide assemblies!



School/Site



WESTHEIGHTS PS

Have questions?

Check out our website:
<https://wsh.wrdsb.ca/>

Email us at:
wsh@wrdsb.ca





We can't wait to
see you, Warriors!