



The Centre for ADHD Awareness presents...

ADHD PREP

(Parent Readiness Education Program)

ADHD PREP is a comprehensive 12-hour program geared to parents of newly diagnosed children and adolescents with ADHD, and to parents wishing to upgrade their knowledge on the more complex aspects of ADHD including ADHD and learning, executive functioning and self and mood regulation. Treatment options, parenting strategies and advocacy skills will also be covered.

The program will occur over a two-day weekend allowing parents from outside the local area to drive in for the weekend. Pricing includes workshop materials and light refreshments each morning and afternoon.

Space is limited so register early!

For full information on the program please visit www.caddac.ca.

9AM – 4PM

Saturday March 18th – Sunday March 19th, 2017

Japanese Canadian Cultural Centre

6 Garamond Court (DVP and Wynford), Toronto ON

\$160 per person/\$300 per couple

